

CONFESSIONS OF A MOVIE STAR

Something was making me awfully uncomfortable, something I could not define.

I wasn't afraid of the woods, as some of the girls were. There was nothing in the dear old forest to hurt anyone. The few stars were friendly to me than the lights of our own city.

I was afraid of the silence. I was afraid of the leopards. But I was obsessed with some mysterious dread, about what I could not tell. Nor would I have tried to tell anybody except Motherdear, and she was several hundred miles away.

Finally I went softly so that Mrs. Nandy on her cot would not hear me. I cried to myself and felt ashamed when Mrs. Nandy woke up suddenly with a dreadful case of neuralgia brought on, she said, by sleeping in a draft. I helped her into her kimono and slippers and she slipped away to her husband's tent. She wouldn't let me take care of her. Nandy knew just what to do.

Alone in my tent, I soiled myself because I didn't go to sleep. It was part of my profession to sleep well. Otherwise I would be worn and haggard before the cameras the next day.

And then I wept because, as a movie actress, I couldn't allow myself the luxury of grief, the privilege of a good hard cry such as other school girls enjoy without restraint. Then I reminded myself that I had had nothing but good fortune in

my movie career and it was shocking not to have control over my nerves and not to go to sleep in peace and content.

Suddenly I heard voices outside my tent.

"Who goes there?" Dick Barnes made the challenge. Was Dick a self-appointed sentinel before my tent?

"McMasters!" came the answer in a very low voice. I was astonished. The man had not been in camp when our bugle sounded taps.

"Is that you, Barnes?" Again McMasters was speaking. "Dreaming? Back in the trenches?"

"No, sir!" was Dick's quick rejoinder. "I'm here looking for snakes!"

"Snakes!" McMasters' whistle indicated his surprise.

"I'm a country boy, you know. I can tell from the lay of the land that there are big snakes around here somewhere. Thought I'd beat up the ground around May's tent before I dozed off!"

"Good luck to you hunt!" Great old night! McMasters' voice faded out with the sound of his retreating footsteps.

And my dread of a danger, left but unseen, vanished.

Even my wonder as to why McMasters had come before he was expected, could not keep me awake.

I relaxed and went to sleep.

(To Be Continued.)

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YOUR HEALTH

Mothers have many things to worry about. Babies make endless kinds of funny little noises. They gurgle and cough and gasp and sneeze and choke.

A timid woman has many varieties of noises to frighten her as a tenderfoot has who is sleeping his first night in a tent out in the wilds.

You cannot bring up a family without running into a lot of emergencies. The more you know about how to deal with them the better for all concerned.

It is almost a daily occurrence for one of the children to choke during his meal. The food "goes the wrong way." There is an immediate response from the child. To some his paroxysms may be funny to observe, but they may have a serious ending.

When the child has hoisted a mass of unchewed food it may get caught in the windpipe and produce dreadful results. The same danger may follow an attempt to swallow a coin or some sort.

Any foreign body in the throat first produces coughing, gasping, difficult breathing and sensations of choking.

If the victim is calm and has enough self-control to restrain himself the spasm will subside. Even though a considerable part of the breathing space is filled by the foreign substance he will breathe fairly well.

In a case of this sort there usually is time to call a doctor and thus to get expert assistance. But if the patient gets black in the face and is unable to catch his breath you must do something at once.

Sometimes a smart slap or two on the back will cause coughing and expulsion of the offending substance.

If this fails, the child should be held feet up and head down. Then a slap on the back will be assisted by gravity and the mass may come out in a hurry.

If this procedure does not succeed

MRS. DENNIS IS NOW REJOICING

Indianapolis Woman Declares She Is Feeling Ten Years Younger and Stronger.

"I feel ten years stronger and ten years younger since taking Tanlac," was the emphatic statement of Mrs. H. W. Dennis, 702 Russell Ave., Indianapolis, Ind.

"I suffered a general breakdown eight years ago and never found anything to build me up until I was fortunate enough to try Tanlac. Nobody knows how I suffered during all those years. Not only my stomach, but my kidneys and liver bothered me a good deal and at times I had the most awful dizzy spells.

"I am in better health than I ever expected to be again. Tanlac is just wonderful. I have gained fifteen pounds in weight, eat anything I want, sleep all night long without waking and get up in the morning feeling fresh and happy as a girl."

Tanlac is sold in South Bend at The Central Drug Store and by all leading druggists. —Advt.

EXTRA SPECIAL AN APEX WASHER

Apex Electric Clothes Washer with copper tub and swinging wringer. Brand new machines—

\$97.50

Will sell only 10 machines at this price. First come, first served.

Blue Bird Shop
123 N. Main St. and
339 S. Michigan St.

JACOB HOFFMANN COAL

THE HOME KITCHEN

By JEANNETTE YOUNG NORTON
The Authority on Home Cooking

HERE ARE FIVE WAYS TO MAKE HOLIDAY MEAT PIES.

Meat pies belong to the holidays, just as sweet pies do, and are not troublesome to make if directions are carefully followed. As these pies keep well, several can be made at once. If there are guests who are walking, golfing or motoring, and are apt to come in hungry, the pies are a blessing in or out of meal time, for all they need is to be heated with a damp cloth over them when they are to be served.

It hardly seems necessary to tell again how to make the chicken pie, yet there may be someone who, having mislaid the previous recipe, will be glad to have it included in the present collection.

Chicken Pie.
Select one large or two small, plump, young, tender chickens, and have the sinews drawn from the legs before the feet are removed. Singe, clean and cut up the chicken, then cook the same as a fricassee. Add an onion stuck with two cloves, a bay leaf and a stalk of celery. Line a deep dish with good crust. When the chicken is done, season well with salt and pepper, and remove the bones, work down, and thicken the gravy slightly. Arrange the meat in the pie, and a few mushrooms, put in as much gravy as is needed, cover with a top crust having a vent, and bake for an hour and a half. Cover the crust if it browns too rapidly.

Duck and Giblet Pie.
Clean and parboil a duck until tender, lift and remove the large bones. Line a dish with good pastry dough. Take one pork tenderloin and cut into small pieces, dust with pepper and salt and lay in the bottom, then place the duck pieces and the parboiled giblets cut in pieces. Usually a set of chicken giblets are added to those of the duck. Dust with pepper, salt, dot with butter, sprinkle with grated onion, turn in a little of the thickened water the duck was parboiled in, put on the top crust, having a vent in it, and bake for an hour and a quarter. Cover so as not to let the crust brown too rapidly.

Steak and Olive Pie.
Select two pounds of tender steak, cut it in pieces two inches square.

dust with pepper and salt, and dip lightly in flour. Drain and remove the seeds from a cupful and a half of fresh olives. Lay the steak in a layer in the bottom of a crust-lined dish, dot with butter, and sprinkle with onion juice, then cover with a layer of the olives. Continue until the dish is full. Turn in a cupful and a half of strained and seasoned tomato juice, put on the top crust, and bake one hour in a medium oven.

Oyster and Egg Pie.
Scald a solid quart of oysters in their own liquor for two minutes. Remove and drain. Put three hard-boiled eggs through the ricer. Make a rich and well seasoned cream sauce, not too thick, and put the oysters into a crust-lined dish, then a layer of the egg, then oysters, and so on until all are used. Pour in as much of the sauce as is needed, and put on the top crust. Bake for 45 minutes. This is a luncheon pie, which must be eaten as soon as it is baked, as it does not keep and is not good cold.

Pork and Apple Pies.
Chop three pounds of fresh pork tenderloin into small pieces and season with pepper, salt, juice of an onion and a little powdered sage. Place the pork in a crust-lined pie-dish, and dot generously with butter. Cover the meat with a layer of apple sauce, and put on the crust. Bake 50 minutes.

For church suppers or banquets be sure to order Matthews-Krauss bakery. Our rolls, pastries and pies will make the party a success.

She'll be delighted with a curling iron, toaster, grill or iron if it comes from Moran's, 132 N. Michigan st.

Boys' and girls' school shoes, including all the standard makes of high grade footwear, \$1.95 and up, at the U. S. Army Store, 330 S. Michigan st.

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GET OUR PRICE
Reinforcing, Chandeliers, I Beams, Angles, Bars
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Not only war prices, but pre-war prices, as no one ever heard of a Cabinet Machine at less than \$75.00 in 1914.

We have bought an enormous stock of the products of THREE factories that have discontinued their manufacture—ALSO the entire floor stock of TWO Chicago jobbers. These tremendous purchases for cash enable us to offer full cabinet machines at



\$58.50 CASH or **\$76.50 CASH**

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And we include \$15.00 worth of records FREE.

THIS OFFER FOR A LIMITED TIME ONLY.

Our Sale on Records

has created a sensation and we are placing the last thousand of Discontinued Columbia Records on our basement bargain counter at—

55c—Two for \$1.00
Some very choice selections in this lot—take advantage of it.

THE C. W. COPP MUSIC SHOP
OPEN EVERY EVENING

Directors Announce Report For Month at Morning Meet

At the regular monthly meeting of the Board of Directors of the Childrens Dispensary Wednesday morning at the Chamber of Commerce, the following reports were given:

During the month of November, 27 clinics were held, with 178 in attendance; 783 quarts of milk were given out, 1,228 feedings were prepared, 300 home visits made, 52 surgical dressings, 10 patients were sent to local dentists for attention. Miss Janet Campbell, who comes from the Texas State Board of Health is the new superintendent, having succeeded Miss L. DeGroot, who left for her new duties in New York city.

TURKISH BATH IN TOWN.
There's only one Turkish bath in town and it's a good one. Call at the basement of the Farmers Trust bldg. and steam all the sluggishness from your system. South Bend Baths. 348-17

BUY YOUR CHRISTMAS GIFTS NOW

We are offering some of the greatest bargains you have ever heard of. We have scoured the markets for bargains and now we are listing some of them.

- | | |
|---|---------------|
| Men's Silk and Crepe Shirts, \$5.00 value | \$2.95 |
| Men's Eagle Crepe and Jersey Silk Shirts, \$8.00 and \$10.00 values | \$5.25 |
| Men's Knit Ties | 45c up |
| Men's U. S. Government Standard Double Elbow Shirts, \$5.00 value | \$2.95 |
| Boys' Winter Caps | 65c up |
| Men's Dress Winter Caps | 95c up |
| Men's Fancy Wool and Silk and Wool Hose | 45c up |
| Men's Ribbed Union Suits, \$2.50 value | \$1.39 |

We carry a complete line of Men's and Boys' Clothing and Gents' Furnishings, also a full line of Shoes for the entire family. Authorized distributor of YORKER Shoes.

444-446 S. D. FEINGOLD Open Evenings
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CHRISTMAS Diamonds

EASY CREDIT TERMS

GIVE thoughtfully and wisely!

Make your CASH go a LONG WAY—benefit by this

Charge Account Plan!

This is the ideal way to buy Christmas needs—because it doesn't force you to spend all your cash—because it enables you to make your money reach farther—because you are permitted to use your credit without extra charge for that privilege. We offer only reputable merchandise on our easy credit terms—assuring you of infinite satisfaction.

BUY THIS DIAMOND at \$50
\$1.00 A WEEK
\$100 Diamonds—Larger Stones, Terms of \$2 a Week
Selected snappy, blue-white diamonds, set in 14-karat green or white gold mountings, the very latest designs in many novel and modern effects. Buy now—and pay later.

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Bracelet Watches
Sautoir Watches
Lavalieres
Brooches
Bar Pins
Fancy Finger Rings
Set With Diamonds or Semi-precious Stones
Single Stone Diamond Rings
Sapphires, Rubies or any of the Different Colored Stones
Community Silverware

For Men
Everyday Watches
Fancy Dress Watches
Railroad Watches
Watch Chains and Fobs
Signet Rings
Diamond Rings
Colored Stone Rings
Diamond Scarf Pins
Cuff Links
Gold Knives

All Sold on Our Easy Credit Terms

BUY THIS WATCH at \$50.00
Famous 19-jewel, 1 position South Bend Watch in green gold case, guaranteed for 25 years. Engraved case and bow, fancy dial. An attractive, up-to-date and the most accurate watch for its grade and price in the world. \$50—\$100 a week.

TERMS as low as **\$1.00 A WEEK**

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214 S. MICHIGAN ST.
Open Evenings Until Christmas
(Go to Theater Week, Dec. 10-29)

BE WISE!
BUY NOW AND PAY LATER

Star Store

FOR MICHIGAN & WAYNE
SOUTH BEND'S POPULAR PRICE STORE

Special Selling For Saturday

Ladies Coats
Specially Priced for Saturday
A new shipment of Cloth Coats of Velours, Bolivias and Normandy, in many pleasing styles. Handsomely trimmed with silk embroidery and stitching, some with fur collars. Special Saturday at **\$14.95**

Plush Coats Greatly Reduced
A wonderful selling of Plush Coats, some trimmed with large fur collars. Coats in this lot sold as high as \$35.00. Two prices special for Saturday, **\$9.95 and \$14.95**

Ladies' Tuxedo Sweaters in black with white trimming. Values to \$5.95. Special Saturday at **\$2.98**

Ladies' Flannelette Kimonos, specially priced for Saturday up from **\$1.69**

Ladies' Serpentine Crepe Kimonos, specially priced for Saturday up from **\$1.48**

New shipment of Ladies' Pongee Blouses. Special for Saturday at **\$2.98**

Ladies' and Men's Bath Robes of genuine Beacon Bath Robe Flannel. Specially priced for Saturday up from **\$4.95**

Children's Wool Sweaters in all colors. Special for Saturday at **\$1.98**

Comfy Slippers

Hosiery Specials

A wonderful assortment of styles and colors for the Xmas shopper, specially priced for Saturday's sellings.

Ladies' specially priced pair, at \$1.29, \$1.48, \$1.65 and \$1.95

Men's specially priced, pair, up from \$1.19

Children's specially priced, pair, up from 69c

Ladies' Pure Silk Hose in black or brown. A real \$2.00 value. Special Saturday at pair **\$1.29**

Ladies' All Wool Hose in brown heather mixture and black in heavy ribbed. Special Saturday at **.95c**

Ladies' All Wool Hose in brown or green heather mixtures. Special Saturday at pair **.69c**

Shop In Our Basement Toyland

Enamel Blackboards, real slate boards, germ proof. Regular \$3.50 values, special Saturday **\$2.98**

"Instructo Blocks", the little mind builder. Plain block wood letters and numbers. Teaches the alphabet, spelling and arithmetic. Regular \$1.50 values. Special Saturday at **\$1.19**

Wire Doll Beds, 18-inch size. Complete with mattress and two pillows. Special at **\$1.48**

"Alger" Books for boys. Contain 168 pages. Special each at **.15c**

"Daisy" single shot Air Rifle. Blue steel finish. Special at **.98c**

ABC Embossed Spelling Blocks. Special at 15c and **.25c**

Artificial Xmas Trees with candle holders. Three sizes. Specially priced **\$2.48, \$1.25 and .48c**

Xmas Tree Ornaments packed 12 in a box. Special, per box **.18c**

"Schoenhut" Toy Piano with 11 keys. Regular \$2.25 values. Special **\$1.69**

"Lehmann" Wind up Autos. Regular 25c values. Special at **.18c**

Gypsy Toy Wagons, two horses and covered wagons. Special at **.89c**

Useful Gifts For Mother

"Dover" Electric Irons, extra fine quality, guaranteed, highly nickeled. Complete with detachable cord. Special at **\$4.95**

Semi-cut Glass, Sugar and Creamers, Pitchers, Nappies and high footed Comports. Special each at **\$1.00**

Boudoir Lamps with mahogany finished stand and 8-inch silk shades. Special at **\$2.50**